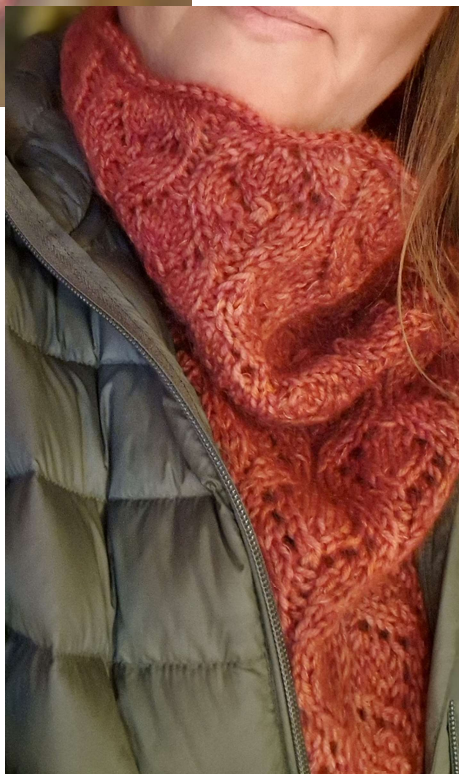# Anna Olava

Cowl & Headband

Tip! Knit your headband with two colors! I have used the brownish color «Tre nøtter» in mohair throughout the headband. When I ran out of peruvian wool in the same color I switched to pink peruvian wool and look at the beautiful effect! The color shows up a bit too orange in the picture.

Size:	Female
Yarn:	Cowl: Ca. 80 g HS Peruvian and ca. 20 g HS Silk Mohair Headband: Ca. 30 g HS Peruvian and 10 gr. HS Silk Mohair
Needles:	Ca. 4,5 mm
Gauge:	17/10

Cowl:

Cast on 100 sts with one strand of Peruvian wool and 1 strand silk mohair with 4.5 mm needles. You start at the neckline by knitting in the round, and when wide enough, continuing down the front back and forth to the tip of the cowl.

Knit 3 rounds of stockinette to create a rolling edge.

Knit pattern according to the diagram. Knit the diagram a total of 5 times the width and 2.5 times the height.

Chest:

Bind off the first 31 stitches, which is 3 pattern repeats + 1. The bind off is at the back of the neck.

Continue knitting the pattern on the front piece, which will create a warm and pretty accessory to the opening of your coat.

Knit the pattern back and forth. Make sure the yarn overs and decreases are on the right side of your knitting to make it an easier knit.

On the right side, cast off the two first stitches (SSK) and the two last stitches (K2TOG).

There are no decreases. Knit or purl the first stitch according to the pattern. Do not slip the first stitch!

Continue knitting back and forth while decreasing on the right side until you have 3 stitches left on the needles. When you have 3 stitches left, slip the first stitch, K2TOG and pass the slipped stitch over.

Break the yarn and pull through the remaining stitch. Fasten loose ends.

Headband:

Cast on 21 stitches. Knit back and forth according to the pattern until the headband measures approx.. 62 cm or until desired fit. You do not have to finish the pattern repeat as the pattern will be disguised by the twist of the headband. Sew together to create twist. (Search "sy sammen pannebånd med twist" on YouTube)
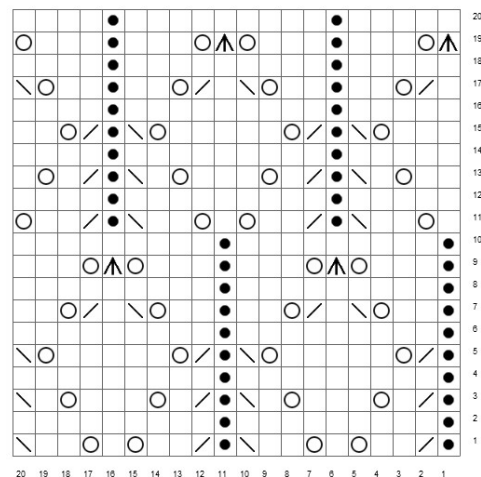
Steam lightly to bring out the pattern.

I would love to see your finished cowl and headband on Instagram! Please tagg @hettestrikk / #annaolavahals /#annaolavapanneband Good luck! ♥

Elisabeth

Translated @becks1975

Chart cowl:

	= K on RS, P on WS
$\diagdown$	= ssk
$\diagup$	= k2tog
O	= Yarn over
−	= sl1wyif
•	= P on RS, K on WS
⋏	= sl 1 sts , k2tog, lift the sl sts over

Chart headband: